



Tim Roufs inspecting Durians in Singapore Market, 2017

Anthropology of Food Week 6

- 1.0 What's Happening?
 - 2.0 Video Explorations
Selective Attention Tests
 - 3.0 Slides
 - 4.0 Readings
Semester Readings
 - 5.0 Other Assignments
 - *6.0 Midterm Exam
 - 7.0 Project
 - *8.0 Discussion
 - 9.0 (optional) For Fun Trivia
 - 10.0 (optional) Extra Credit
 - 11.0 (optional) Other
- click links for details = leave page
- Items DUE this week:**
*enter on-line
**upload file

Tuesday, 14 February 2024

Happy Valentine's Day!



Thursday, 15 February 2024

And Happy World Anthropology Day . . .



1.0 What's Happening Week 6?

One big event of the week is the

Midterm Exam

which will be available from Monday a.m. to Saturday,

12-17 February 2024

(10:00 p.m. starting time on Saturday)

**After the exam first take the very short Selective Attention Tests.
They're fun.**

Food and Religion

Then we'll have a comparative look at Food and Religion . . . starting off with food as medicine in China, and how food amongst traditional Chinese Buddhists *unites* families.

Then, next week, we'll have a look at *Pig Commandments*, where food *divides* Chinese families in Malaysia. . . .

Those two videos are part of a comparison among the Chinese in Malaysia and Chinese Buddhists in China. See details on the comparison in "Video Explorations" sections for this week and next.

(REM: comparative methods are a fundamental feature of Anthropology).

We'll close the week off with a discussion on the Slow Food Movement worldwide.

After all of that, it's back to your Class Project.

2.0 VIDEO EXPLORATIONS WEEK 6 . . .

Real People . . . Real Places . . .

[Videos for the Semester](#)

After the Exam first take the very short Selective Attention Tests

(2 X <2 min.)

And hopefully, also as noted last week, in the remainder of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first five weeks of the course. We will be visiting many parts of the globe in the process—so you will have lots of opportunities to practice your skills.

Speaking of skills . . . this week, after you are finished with your Midterm Exam, take the two short minute-and-a-half **tests of your observational skills** before you continue your intensive look at the wide variety of Anthropology of Food video materials. You should take those short tests this week, but wait until after you have finished the Midterm Exam (you will have enough to do before the Exam).

 **Take the Two (Very Short)
Selective Attention Tests in Preparation for Watching Remaining
Videos.**

(Be sure to take both tests. Read the instructions carefully.)

First, take the . . .

Selective Attention Test

<http://www.youtube.com/watch?v=vJG698U2Mvo>

Read and follow the directions carefully.

(Be sure to also count the *bounce* passes.)



**When you are finished with the Selective Attention Test, watch . . .
The Monkey Business Illusion**

http://www.youtube.com/watch?v=IGQmdoK_ZfY

(It too is short: 1:42)

Again, read and follow the directions carefully.

(And as with The Selective Attention Test, be sure to also count the *bounce passes*.)



**Right after the Midterm Exam,
and after these short Selective Attention Tests**

“Food and Culture”

will be our focus.

And, hopefully, in the last part of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first four weeks of the course.

We'll spend much of the rest of the semester examining **how people get their food in industrial cultures**, (and what they do with it) and in exploring the social, corporeal, sacred/religious, psychological, political, economic, and cultural aspects of food—that's the **holistic** anthropology approach (you remember that from "Main Characteristics of Anthropology", Weeks 1 and 2).

When you're finished with your exam and attention tests we'll do a

Controlled Comparison
focusing on Food and Religion,
and more specifically, a comparison involving

**—Chinese : Buddhism : Food
in China and Malaysia**

We'll start this week by watching the short film, a part of a series,

"Food for Body and Spirit"
(29 min, 1984)

and next week we'll have a look at

Pig Commandments
(72 min, 2005)

* * * * *

Taste of China, Part 2,

 **"Food for Body and Spirit"**
(29 min, 1984)

Online Access[🔗](#)

[click  here]

(use with VPN if you need to)

course viewing guide[🔗](#)

"Food for Body and Spirit"—the second film of a classic four-part series, *A Taste of China*—shows how in traditional Chinese culture religion and food has *united* Buddhists families for over a thousand years. In **"Food for Body and Spirit"** we'll have a look at a Chinese Taoist temple retreat, high on Blue City Mountain in Szechuan Province, China, and we'll have a look at Buddhist Slow Food and Locavorism . . . and we'll see how food holds Chinese culture *together, and has for millennia*. . . . This film, like next week's *Pig Commandments*, is an older film, but what it has to say is still relevant today—as it has been for thousands of years.



3.0 WEEK 6 SLIDES . . .

[Class Slides for the Semester](#)

Review and continue these slides using the "slide show" mode:

"Holism"

[\(.pptx\)](#)

[click ↑ here]

REM: Links on screenshots are not "hot" (active)

| Main Characteristics of Anthropology | | |
|--------------------------------------|--|------------------------|
| <small>WebPage Summary</small> | | |
| week 2: | 1 The four fields of anthropology | (pptx) |
| week 3: | 2 culture as a primary concept | (pptx) |
| | • How about a little game of Jeopardy? | (pptx) |
| week 3: | 3 comparative method as major approach | (pptx) |
| week 6: | 4 holism as a primary theoretical goal | (pptx) |
| | • Anthropology and its Parts Chart | (pptx) |
| | • <small>see page on "Anthropology and . . . It's Parts"</small> | |
| week 5: | 5 fieldwork as a primary research technique | (pptx) |

“Fieldwork”

(.pptx)[↗](#)

[click ↑ here]

REM: Links on screenshots are not “hot” (active)

| Main Characteristics of Anthropology | | |
|--------------------------------------|--|----------------------|
| <small>WebPage Summary</small> | | |
| week 2: | 1 The four fields of anthropology | (.pptx) ^f |
| week 3: | 2 culture as a primary concept | (.pptx) ^f |
| | • How about a little game of Jeopardy? | (.pptx) ^f |
| week 3: | 3 comparative method as major approach | (.pptx) ^f |
| week 6: | 4 holism as a primary theoretical goal | (.pptx) ^f |
| | • Anthropology and its Parts Chart | (.pptx) ^f |
| | ◦ <small>Especially chart “Anthropology and ...It's Parts”</small> | |
| week 8: | 5 fieldwork as a primary research technique | (.pptx) ^f |

Before you take your Midterm Exam review the slides ...

Introduction / Orientation

(.pptx)[↗](#)

Main Characteristics of Anthropology: The **FOUR FIELDS OF ANTHROPOLOGY**

(.pptx)[↗](#)

Main Characteristics of Anthropology: **CULTURE** as a Primary Concept

(.pptx)[↗](#)

Main Characteristics of Anthropology: **COMPARATIVE METHOD** as Major Approach

(.pptx)[↗](#)

Main Characteristics of Anthropology: **HOLISM** as a Primary Theoretical Goal

(.pptx)[↗](#)

Main Characteristics of Anthropology: **FIELDWORK** as a Primary Research Technique

(.pptx)[↗](#)

BIOCULTURAL FRAMEWORK
for the Study of Diet and Nutrition: Introduction
(.pptx)

- **Nutritional Status**
(.pptx)
- **Human Nutrient Needs**
(.pptx)

Diet and Human Evolution: Introduction
(.pptx)

[do not spend too much time on this slide set]

Food Revolutions: A Little Background
(WebPage)

The Neolithic "Agricultural" Revolution
(.pptx)

The Search for Spices
(.pptx)

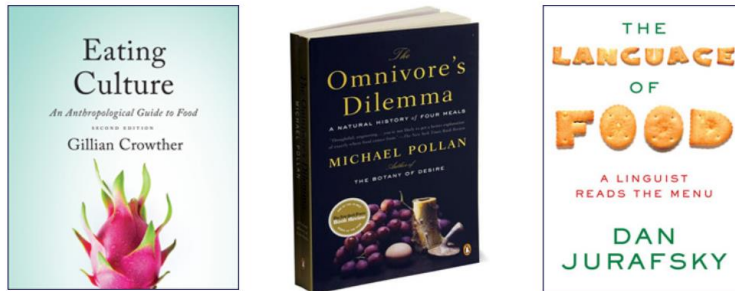
The Industrial Revolution
(.pptx)

The Scientific Revolution
(.pptx)

[click ↑ the above]

4.0 READINGS FOR WEEK 6 . . .

[Readings for the Semester](#)
[Textbook Information](#)



Review for Midterm Exam

REM: Links on screenshots are not “hot” (active)

For after the Midterm Exam

- **Eating Culture, Second Edition, Gillian Crowther**

- CHAPTER FIVE: RECIPES AND DISHES

- **Omnivore's Dilemma, Michael Pollan**

- "Introduction: our national eating disorder"
- Ch. 1 "The plant: corn's conquest"
- Ch. 2 "The farm"
- Ch. 3 "The elevator"
- Ch. 4 "The feedlot: making meat"

(We're starting this book here, with Michael Pollan's discussion of "The forager" and "The ethics of eating animals" as next Week we begin having a closer look at hunting / gathering / foraging as a way people get their food in nonindustrialized societies)

- **The Language of Food, Dan Jurafsky**

- (Review)

5.0 OTHER ASSIGNMENT INFORMATION . . .

[Main Due Dates](#)

s2024 [Module Week 6](#)

6.0 DUE: MIDTERM EXAM . . .

[General Midterm Exam Information](#)

The Exam will be available from Monday a.m. to Saturday,
12-17 February 2024
(10:00 p.m. starting time on Saturday)

A good activity to start your review would be looking over Ch. 1, “Setting the Anthropological Table”, the slide sets (see above), and the “What’s Happening?” weekly memos. And, of course, focus on the **Study Questions**.

Use the annotated questions from the assignment of the end of Week 4 as your study questions.

Study Questions are at . . .

s2024 @ <https://canvas.umn.edu/courses/405151/modules/items/11163458>

[click ↑ here]

As I mentioned before, be sure to **focus on the *ideas* and main concepts, and differing points of view**, and do not be preoccupied with only trying to memorize facts and assorted pieces of information.

General Midterm Exam Information is at . . .

https://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html#title

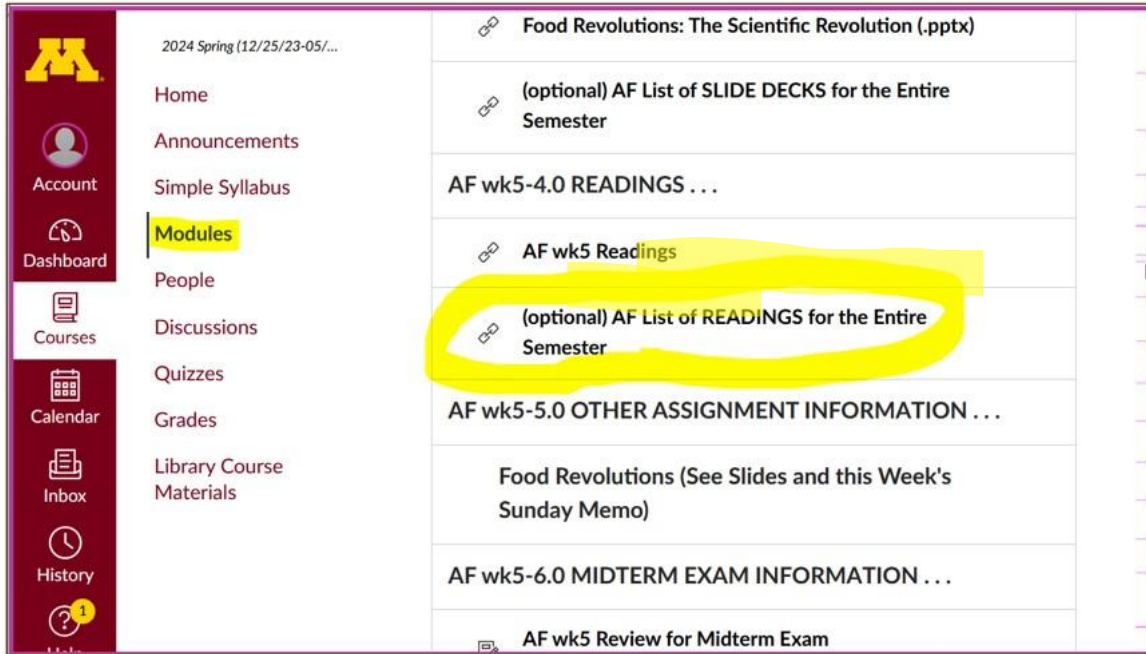
Live Chat is Tuesday at 7:00 pm

The final *pool* of questions generally contains 12-16 questions, all taken from the annotated wiki list of Discussion questions (link above), including at least one current affairs question.

[The final pool of questions will not include more than one question on the same (or essentially similar question), which is one of the reasons why it

usually ends up with 12-16 questions; other questions that were submitted would be better for the final exam, and those questions are noted).]

REM: Links on screenshots are not “hot” (active)



The [List of Readings for the Entire Semester](#) could be a handy reference when reviewing the readings for the exam:

7.0 PROJECT INFORMATION ...

[Basic Information](#)

[Main Due Dates](#)

8.0 DUE: DISCUSSION WEEK 6 ...

(optional) [Online Discussions Information, Rubric, and Sample Posts](#)

Slow Food Convivia / Locavorism



Slow Food restaurant placard, [Santorini, Greece](#).

9.0 (optional) FOR FUN FOOD TRIVIA . . .

[Food Trivia HomePage](#)

Week 6 Question

“What religious food prohibitions do Buddhists have?”



Buddhist monks and nuns praying in the Buddha Tooth Relic Temple of Singapore
[Wikimedia](#)



“Food for Body and Spirit”

[Answer](#)

10.0 (optional) EXTRA CREDIT . . .

[Basic Extra Credit Information](#)

Extra Credit is available in this class.
We'll have a closer look at Extra Credit after the Midterm Exam.

11.0 OTHER (OPTIONAL) . . .

^{s2024} (optional) [Study Abroad? Explore the World? Do it. . . .](#)

Check it out at <https://studyabroad.d.umn.edu/>

Super Bowl LVIII

11 February 2024

Allegiant Stadium in Paradise, Nevada

Enjoy the Super Bowl and lots of festival food.
(Europeans often have a difficult time understanding the hype for *one* game. They're used to **the FIFA World Cup matches**, which is like having SIXTEEN Super Bowls in a month—no, it's even worse than that. . . .)



[FIFA World Cup Trophy](#)
[Wikipedia](#)

(optional) **LIVE CHAT: MIDTERM EXAM / OPEN
FORUM / OFFICE HOURS . . .**

[Contact Information](#)

Tuesday, @ 7:00-8:00 p.m. (CDT)

“ZOOM”

[click ↑ here]

or


e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



Live Chat is optional.

QUESTIONS? / COMMENTS . . .

If you have any **questions or comments** right now, please do not hesitate to post them on the  **canvas** “Discussions”, or e-mail troufs@d.umn.edu, or **ZOOM** <https://umn.zoom.us/my/troufs>. (E-mail is fastest, and most generally best as quite often URLs need be sent.)

Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs>>

<<https://umn.zoom.us/my/troufs>>

<[other contact information](#)>